

Prime Care





ONLY **£25** €29.50

- 🗸 Automatic inflation & deflation
- ✓ 2 users can each store 199 readings
- ✓ Irregular heartbeat detection
- **✓** Clear 1.85" LCD display
- Colour-coded blood pressure indicator
- Automatic power off
- ✓ Date & time display
- ✓ High accuracy and stability

AUTOMATIC WRIST BLOOD PRESSURE MONITOR

A fantastic device that allows you to monitor your blood pressure & heart rate from your wrist in the comfort of your own home. It stores a record of readings so you can share your results with a healthcare professional whenever required. Requires $2 \times AAA$ batteries (not included). AAA batteries are available on code 13459 for only £3 / €3.60.

14292 £25/€29.50

Discover PrimeCare by VivaMK

PrimeCare is a fresh initiative from VivaMK, created to support older adults, individuals with disabilities, and anyone needing a little extra care in daily life. Our mission is simple: to offer practical, life-enhancing products that promote **comfort**, **independence**, **and well-being**. From easy-to-use pill boxes and at-home health monitors to foot-supporting orthotics and everyday aids, PrimeCare brings together smart solutions that make life safer and easier. And this is just the start. As needs grow, so will our range, helping more people live life with dignity and confidence.

PrimeCare - because everyone deserves the best quality of life.



EASY OPEN 7 DAY PILL BOX

This 7-day pill box is a great way to organise your daily AM and PM pills. With easy-to-open press-down buttons, it's ideal for people who have limited manual dexterity. Each compartment is generously sized, perfect for those who have to take multiple tablets, and is colour coded between AM and PM. Plastic. Each compartment size: L3.5 x W3cm. Total size: L22 x W11.5 x D2.5cm.

14423 £10/€12









ORTHOTIC SHOE INSOLES

ONLY £3.50

The orthotic shoe insoles, available for men and women, are designed to provide essential support and alignment for the feet and ankles, promoting overall body comfort. By maintaining proper foot positioning, the insoles help alleviate strain on joints, muscles and ligaments. They also help reduce discomfort associated with common foot conditions. Suitable for various types of footwear, with each insole easily trimmable for a perfect fit. One size fits all. Polypropylene. 2 insoles per pack.

14373 WOMEN 14374 MEN £3.50/€4.10 EACH