



PrimeCare



EMBRACING COMFORT & ENHANCING LIFE



Dear Valued Customer

Introducing VivaMK's PrimeCare Range – Designed for Life's Best Years

At VivaMK, we believe in empowering every stage of life. Our **PrimeCare Range** is thoughtfully designed to support those who have spent years creating memories and shaping the world.

With innovation and care, these products enhance daily comfort, independence, and well-being. From essential aids to everyday solutions, each item upholds dignity and ease, making life's best years even better.

Join us in celebrating vitality and independence with **VivaMK PrimeCare** – because every day is a gift, and everyone deserves the very best.

MICHAEL KHATKAR
MANAGING DIRECTOR

Plug Mate® Pack of 4

ONLY
£7.50
€9



- SIMPLY WRAP AROUND PLUG
- DURABLE & FLEXIBLE FOR LONG PRODUCT LIFE
- WRAPS AROUND A STANDARD 3 PIN PLUG

PLUG MATE® PACK OF 4

This Plug Mate® pack of 4 enables the easy removal of plugs from wall sockets. It's perfect for those with reduced dexterity, arthritis or limited eyesight, as the loop is much easier to locate and pull. Each pack also includes 24 identity labels to help avoid pulling out the wrong plug. PVC.

14097 £7.50/€9

Makeup Glasses

Cleverly designed glasses that feature a magnifying lens that flips from one side to the other. Great for applying false eyelashes, mascara, other eye makeup, contact lenses or plucking eyebrows. 3x magnification. Made from durable polycarbonate and acrylic. H6 x W14.5cm.

14098 £7.50/€9



ONLY
£7.50
€9

Bio-Magnetic Neck Support

ONLY
£7
€8.50



Waist Therapy Lumbar Support

ONLY
£20
€23.50



A choice of two breathable supports that offer relief to sufferers of aches and pains. They promote blood flow and aid in the natural healing process. Made from durable high-quality neoprene, which allows years of dependable use. Available as a neck or waist/lumbar support. Each comes with therapy-strength magnets: neck, 6 removable magnets & waist/lumbar, 16 sewn-in magnets. Hand wash. Velcro fastening. One size fits most. Neck: L60 x W14.5cm. Waist: L118 x W21.5cm.

BIO-MAGNETIC NECK SUPPORT 14099 £7/€8.50
WAIST THERAPY LUMBAR SUPPORT 14100 £20/€23.50

FREE DELIVERY FROM YOUR DISTRIBUTOR 3

Extendable Shoe Horn

ONLY
£4
€4.70



EXTENDABLE SHOE HORN

This Extendable Shoe Horn is a fantastic accessory for anyone who struggles to put on footwear. Each shoe horn features a plastic handle with an extendable metal horn that extends from 29cm to 76.5cm.

12567 £4/€4.70

Diabetic Socks

ONLY
£10
€12 EACH



- **PACK OF 3**
- **MEN'S (SIZE 6-11)**
- **WOMEN'S (SIZE 4-8)**

PACK OF 3 DIABETIC SOCKS

Specifically designed for wearers at risk from diabetes-related foot & leg conditions, these Diabetic Socks are nonbinding legwear with honeycomb tops, woven to hold comfortably to the natural contours of your legs without creating pressure spots or constricting the legs. Smooth toe seams to help reduce the risk of blistering. Machine washable. Available in men's (size 6-11) and women's (size 4-8). Each pack contains 3 black pairs. Cotton, polyester, nylon and Lycra.

14101 WOMEN 14102 MEN £10/€12 EACH

Sock Aid

ONLY
£9
€11



SOCK AID

The unique shape of the flexible sock aid keeps socks on the aid until the sock is pulled all the way onto the foot. The pliable trough is easy to bend and can be bent into any shape. The loop handle measures 91cm long. Requires the use of two hands. Plastic.

14103 £9/€11

Gel Lined Bunion Protector

ONLY
£5
€6

- ONE SIZE FITS MOST
- FITS EITHER FOOT
- RE-USABLE

GEL LINED BUNION PROTECTOR

Relieve yourself from the discomfort of bunion pressure with this ultra-thin, lightweight foot sleeve with gel pad. Fits either foot. One size fits most. Hand wash. 83% polyamide, 17% elastane.

14104 £5/€6



Foot Arch Support

ONLY
£4
€4.70



FOOT ARCH SUPPORT

The Foot Arch Support fits uniquely to your foot shape and absorbs shock with every step. It helps promote body alignment, aids balance and can be worn with any type of shoe or boot. One size fits most. Hand wash. Polyester. 1 pair.

14105 £4/€4.70

Inflatable Support Cushion

ONLY
£7.50
€9

- IMPROVES POSTURE
- RELIEVES PRESSURE



INFLATABLE SUPPORT CUSHION

Relieve pressure on your spine whilst improving seat posture with the Inflatable Support Cushion. It conforms to your body's contours and easily inflates to your custom level of firmness. Nylon PVC with soft velvet touch. Wipe clean. Diam: 39.5cm.

14106 £7.50/€9

FREE DELIVERY FROM YOUR DISTRIBUTOR 5



ONLY
£20
€23.50

Automatic Blood Pressure Monitor

- LARGE, CLEAR LCD DISPLAY
- AUTOMATIC INFLATION & DEFLATION
- HIGH ACCURACY AND STABILITY
- AUTOMATIC POWER OFF
- 80 RECORDING CAPACITY MEMORY
- DATE & TIME DISPLAY

AUTOMATIC BLOOD PRESSURE MONITOR

A fantastic device that allows you to monitor your blood pressure, from your wrist, in the comfort of your own home. It stores a record of your blood pressure so you can share your results with a healthcare professional whenever required. Requires 2 x AAA batteries (not included).

14107 **£20/€23.50**

Hot & Cold Gel Compress

ONLY
£5
€6



HOT & COLD GEL COMPRESS

The Hot & Cold Gel Compress offers soothing hot or cold relief for back pain, sports injuries, headaches and muscle complaints. It remains flexible when hot or cold and is easy to apply. Microwave or freeze. Reusable. Gel and plastic. Colour may vary. L22.8 x W12.5cm.

14108 **£5/€6**

Red Tartan Fleece Blanket Throw

ONLY
£12.50
€15



RED TARTAN FLEECE BLANKET THROW

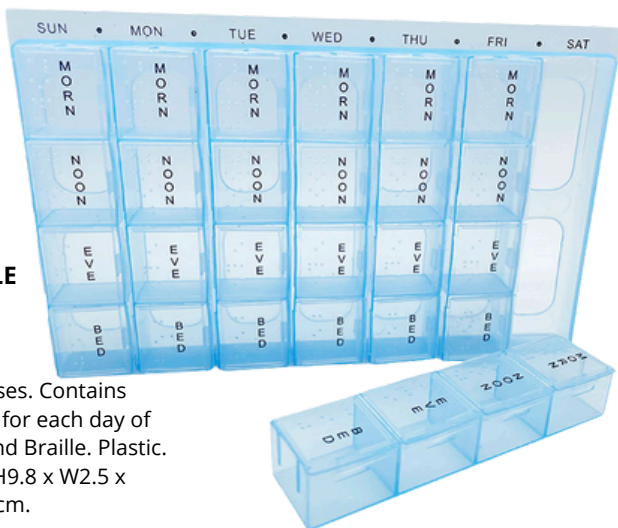
Stay cosy and warm with our super soft fleece blanket throw, in a classic red tartan design. 100% polyester. Machine washable. L160 x W130cm.

14109 **£12.50/€15**

Medicine Chest

ONLY
£4
€4.70

• MARKED WITH
TEXT & BRAILLE



MEDICINE CHEST

Keep track of your regular medicine doses. Contains one removable 4-compartment section for each day of the week which are marked with text and Braille. Plastic.

Size of each removable compartment: H9.8 x W2.5 x D1.7cm. Overall size: H11 x W17.5 x D2cm.

12185 £4/€4.70

Tablet Crusher



ONLY
£4
€4.70

TABLET CRUSHER

The crusher is designed to simplify the process of crushing tablets, making it more accessible for those who may have difficulty swallowing whole pills. Built-in storage container. Plastic. L8.3 x Diam. 5cm.

14110 £4/€4.70

William Morris Pill Box

ONLY
£5
€6



WILLIAM MORRIS PILL BOX

Keep your medication safe and secure with this handy pill box in a William Morris design. It has three compartments and is small enough to slip into your pocket or handbag when on the move. Push to open mechanism. Aluminium & plastic. Design may vary. Approx. Diam. 5cm x H1.5cm

14111 £5/€6

FREE DELIVERY FROM YOUR DISTRIBUTOR 7

Luxury Mattress Topper

FROM ONLY

£19

€22.50

AVAILABLE
IN SUPER
KING SIZE

LUXURY MATTRESS TOPPER

The perfect addition to add some extra softness to your mattress. The cover is non-woven microfibre and the filling is 100% polyester with elasticated straps to secure to your mattress. Hypo-allergenic and machine washable. Comes with a handy storage bag.

11631 SINGLE £19/€22.50

11633 KING

£27/€32

11632 DOUBLE £23/€27

11634 SUPER KING £31/€36.50

LUXURY QUILTED WATERPROOF MATTRESS PROTECTOR

FROM ONLY

£18

€21.50

AVAILABLE
IN SUPER
KING SIZE



WATERPROOF



PAIR OF LUXURY QUILTED WATERPROOF PILLOWCASE PROTECTORS

ONLY

£12.50

€15



PAIR OF LUXURY QUILTED WATERPROOF PILLOWCASE PROTECTORS

Quilted for a supersoft, peachy feeling. Protects you from dustmites, microbes and other harmful allergens. Cover 65% polyester 35% cotton, Filling 100% polyester wadding, Lining 100% polyester PU. Machine washable. Size: L74 x W48 x D15cm.

11630 £12.50/€15

LUXURY QUILTED WATERPROOF MATTRESS PROTECTOR

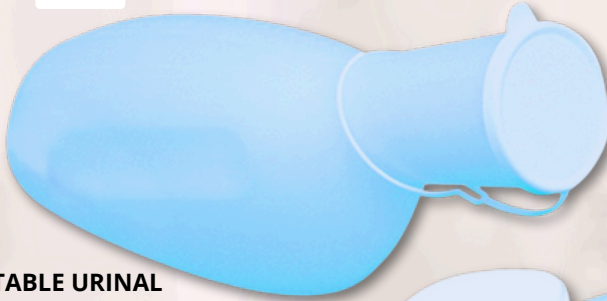
Quilted for a supersoft, peachy feeling. Protects you from dustmites, microbes and other harmful allergens. Extra deep 33cm. Cover 65% polyester 35% cotton, Filling 100% polyester wadding, Lining 100% polyester PU. Machine washable.

SINGLE 11626 £18/€21.50 KING SIZE 11628 £26/€30.50

DOUBLE 11627 £22/€26 SUPER KING 11629 £30/€35.50

Portable Urinal

MALE



*Available in
female & male*

**ONLY
£10
€12 EACH**

PORTABLE URINAL

Our portable urinals, available in male and female, can be used from a sitting or standing position and are calibrated for output recording. 1 litre capacity. Snap on lip. Plastic. Colour may vary.

FEMALE 14113

MALE 14114

£10/€12 EACH



FEMALE

Wee Mean Business

**ONLY
£7.50
€9**

WEE MEAN BUSINESS

A powerful enzymic deodoriser for use on carpets and upholstery and can also be used on hard floors. Concentrated cleaner that kills unwanted odours and keeps working after application. 750ml. (£1.00/€1.20 per 100ml). **11746 £7.50/€9**



Toilet Seat Covers

**ONLY
£3
€3.60**



TOILET SEAT COVERS

Disposable toilet seat covers, made from 100% wood pulp, are flushable making them perfect for on-the-go. Safe & hygienic. Pack of 20. Resealable pack. **14115 £3/€3.60**

FREE DELIVERY FROM YOUR DISTRIBUTOR 9



ONLY
£10
€12

Long Handled Lotion Applicator



The Long Handled Lotion Applicator makes applying creams in hard-to-reach areas, such as legs, back and feet, easy. Perfect for anyone with restricted mobility. Handle slot for easy storage. Plastic. L41 cm. Brush head Diam. 9cm.

14116 £10/€12

Long Handled Loofah

This exfoliating ruffle will leave your skin feeling refreshed and smooth. Constructed with a long plastic handle, making it ideal for hard to reach places. Suitable for use in the bath and while showering. Comes complete with a rope for easy hanging. Plastic & Polyester. L41 x W9 x D7cm.

12910 £3.50/€4.10



ONLY
£3.50
€4.10



ONLY
£20
€23.50

Foot Scrubber

Keep your feet clean and exfoliated without the need to bend forward. Great for those with back or leg problems. It's easily secured to the base of your bath or shower through suction cups and has two types of brushes with a pumice stone in the middle. Hanging loop when it's not in use. PVC, pumice & polypropylene. L28 x W15.7 x D2.8cm.

14117 £20/€23.50

Soft Padded Bath Pillow

- HEAD & NECK SUPPORT
- SOFT & COMFORTABLE
- DURABLE PVC

ONLY
£10
€12



SOFT PADDED BATH PILLOW

Indulge in ultimate relaxation with the Soft Padded Bath Pillow. It offers support by cradling your head and neck and provides optimum comfort when soaking in the tub. Equipped with 3 non-slip suction cups. Durable PVC construction. Waterproof. L31 x W21cm.

14118 £10/€12

Non-Slip Loofah Style Bathmat

This non-slip mat is designed to fit in a standard bathtub, so you can enjoy the luxurious loofah-style fibres beneath your feet while enjoying the benefit of added safety while you shower or bathe. 4 strong suction cups. Made from a woven, nylon looped pile. L50 x W30cm.

14119 £15/€18

ONLY
£15
€18



Handy Bathroom Support Handle

ONLY
£7.50
€9

HANDY BATHROOM SUPPORT HANDLE

The support handle will fasten securely to your tiled wall thanks to the intelligent design of the suction cups. Ideal for use in a shower or bath, the support handle will provide stability for those who need a helping hand. Plastic and silicone. L29 x W10 x D8.

14071 £7.50/€9



Can Key

ONLY
£10
€12



CAN KEY

Practical and patented opener for all cans with a ring pull-opening device. No more broken nails and sore fingers from opening cans. Place the tip of the Can Key under the ring and pull the handle, removing the lid safely without trouble and preventing the contents of the can from spilling or splashing out. Dishwasher safe. Plastic. L15.5 x W2.5cm.

14120 £10/€12

Multi-Opener

ONLY
£7.50
€9



MULTI-OPENER

Use this multipurpose device to easily open aluminium can tabs and twist off resealable and pressure-sealed bottle caps. Plastic. L14.5 x W6cm

14121 £7.50/€9

ONLY
£7.50
€9



Food Guard

This flexible food guard can be fitted to ordinary plates to assist with one-handed eating. Three clips attach it to the rim of the plate and create a high inward sloping face to help with food collection and prevent spillage. Plate size 19 to 25cm (7 to 10") external diameter. Microwave and dishwasher safe. Plastic.

14122 £7.50/€9

William Morris Lap Tray

ONLY
£22
€26

WILLIAM MORRIS LAP TRAY

Enjoy meals and snacks in comfort with this wipe-clean cushioned bottom lap tray, in a gorgeous William Morris Midnight Pimpernel design. It also provides a stable surface for reading while sitting on the sofa or in bed. Polystyrene beads with polyester cover. MDF tray with laminated finish. Size: L44 x W33 x D6cm.

14123 £22/€26



Anti-Slip Serving Tray

ONLY
£6
€7.50



ANTI-SLIP SERVING TRAY

This large Anti-Slip Serving tray is constructed from durable plastic and features two rubber-edged handles and non-slip rubbers on the top and bottom. Size: L40.5 x W28.5cm. Colour may vary.

12658 £6/€7.50

FREE DELIVERY FROM YOUR DISTRIBUTOR 13

Folding Walking Stick

FROM ONLY
£10
€12



FOLDING WALKING STICK

Aluminium folding walking sticks, available in a choice of black or beautiful William Morris design, are perfect for on-the-go. Each walking stick is lightweight and folds into four pieces. When fully extended they measure 37". Features a carry strap attached to the handle and a non-slip, non-marking rubber ferrule. Comfortable contour grip. William Morris designs may vary.

WILLIAM MORRIS 14124 £12.50/€15

BLACK 12566 £10/€12

Fabric Trolley Bag

ONLY
£12
€14.50

- FOLDS DOWN
- DURABLE & STRONG
- EASY-TO-CARRY



FABRIC TROLLEY BAG

Perfect for carrying shopping or other items, this trolley bag with wheels is durable and strong. It folds down into an easy-to-carry bag when not in use, perfect for storing in your car or somewhere at home. 100% polyester. Assembled size: H61 x W31 x D31cm. Compact size: H32 x W28cm.

14072 £12/€14.50

Long Reach Grabber

ONLY
£4
€4.70

- LIGHTWEIGHT
- INDOOR & OUTDOOR USE
- EASY-TO-OPERATE



LONG REACH GRABBER

A great companion to have at home. Avoid painful bending and stretching with this lightweight long-reach grabber. Reach items such as keys, glasses and TV remotes that have been dropped on the floor, or reach things positioned up high. Easy trigger action. Plastic. L67cm.

14125 £4/€4.70

Ordering Just got Better...

1. Write the product number & description on your order form and place it with the catalogue in the bag and leave it outside for collection. 2. Your distributor will deliver your order straight to your door. Payment on delivery. 3. All door-to-door orders have FREE delivery.

Love or Return

We offer a 30-day money-back guarantee on all our products. You may return your products in their original condition and packaging, accompanied with your proof of purchase, to your distributor, within 30 days of receipt of your goods for a full refund. If you are returning any footcare or sanitary items, these products must be unopened, unused and have all cellophane seals intact if applicable.

Terms and Conditions

Due to continuous product development and availability, the goods supplied to you may differ slightly from those illustrated. For full ordering terms and conditions please refer to the back of your order form provided in this catalogue pack.

VivaMK Network Ltd is a company registered in England and Wales under number: 11400025 and whose registered office is at: International House, 142 Cromwell Road, London, England, SW7 4EF.

Black Wheelchair Bag

ONLY
£30
€35.50



BLACK WHEELCHAIR BAG

Perfectly proportioned to slide over the back of a wheelchair; with additional handlebar hooks for added security. The main compartment boasts a convenient 16-litre capacity – perfect for carrying shopping and personal belongings. The wheelchair bag also incorporates a small zipped front pocket that gives the bag an extra storage compartment to keep preferred items close at hand. Additionally, the two net pockets to the sides of the bag will carry a drinks bottle. The reflective strip will also increase the user's visibility. Polyester. L43 x W37 x D10cm.

14126 £30/€35.50

For more information, contact your distributor:

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